

# At the Cross

designed by Stephanie Sheridan of Stitched Together Studios  
featuring the *Be Mindful* collections by Whistler Studios

SIZE: 57" X 67"

FREE  
PROJECT



THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC LOOK MAY VARY ON YOUR PROJECT.

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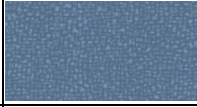
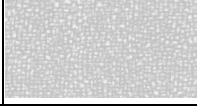
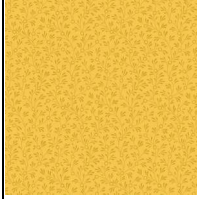


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# At the Cross

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A @		51032-6 Blue	3/8 YD	(2) 5-1/2" X WOF strips, subcut (14) 5-1/2" squares A1
B @		51032-8 Black	7/8 YD	(2) 11" X WOF strips, subcut (5) 11" squares B2 and (3) 5-1/2" squares B1 (1) 5-1/2" X WOF strip, subcut and (6) 5-1/2" squares B1
C		37098-64 Indigo	1-7/8 YD	(1) 11" X WOF strip, subcut (2) 11" squares C2 and (4) 5-1/2" X 10-1/2" rectangles C3 (2) 5-1/2" X WOF strips, subcut (8) 5-1/2" squares C1 (2) 3" X WOF strips, subcut (1) 3" X 19-1/2" strip C4, (3) 3" X 10-1/2" strips C5, (1) 3" X 9-1/2" strip C6 and (2) 3" X 3-1/4" strips C7 (7) 3" X WOF strips, sew together via short ends. See Border Assembly for subcut measurements. FOR BINDING: (7) 2-1/4" X WOF strips, sew short ends together
D		50087-36 Chambray	3/4 YD	(1) 11" X WOF strip, subcut (2) 11" squares D2 and (5) 5-1/2" squares D1 (2) 5-1/2" X WOF strips, subcut (8) 5-1/2" X 10-1/2" rectangles D3
E		50087-40 Gris	3/4 YD	(2) 11" X WOF strips, subcut (5) 11" squares E2 and (4) 5-1/2" X 10-1/2" rectangles E3
F		50652-4 Goldenrod	1 YD	(1) 11" X WOF strip, subcut (3) 11" squares F2 (1) 5-1/2" X WOF strip, subcut (4) 5-1/2" squares F1 (3) 1-1/2" X WOF strips, subcut (2) 1-1/2" X 19-1/2" strips F4, (8) 1-1/2" X 10-1/2" strips F5 and (2) 1-1/2" X 9-1/2" strips F6 (6) 1-1/2" X WOF strips, sew together via short ends. See Border Assembly for subcut measurements.
G		37098-56 Cloud	5/8 YD	(1) 11" X WOF strip, subcut (3) 11" squares G2 and (1) 5-1/2" X 10-1/2" rectangle G3 (1) 5-1/2" X WOF strip, subcut (7) 5-1/2" squares G1
H @		51032M-7 Metallic Gold	5/8 YD	(2) 3-1/4" X WOF strips, subcut (2) 19-1/2" X 3-1/4" rectangles H1, (2) 9-1/2" X 3-1/4" rectangles H3 and (4) 3-1/4" X 4-1/4" rectangles H4 (1) 10-1/2" X WOF strip, subcut (4) 10-1/2" X 3-1/4" rectangles H2
		Backing	4	Batting: 65" X 75"

@ - Directional Fabric

### General Instructions:

- All seam allowances are 1/4" unless otherwise noted.
- Read through all instructions before beginning your project.
- Press all seam allowances towards the darker fabric unless otherwise noted.

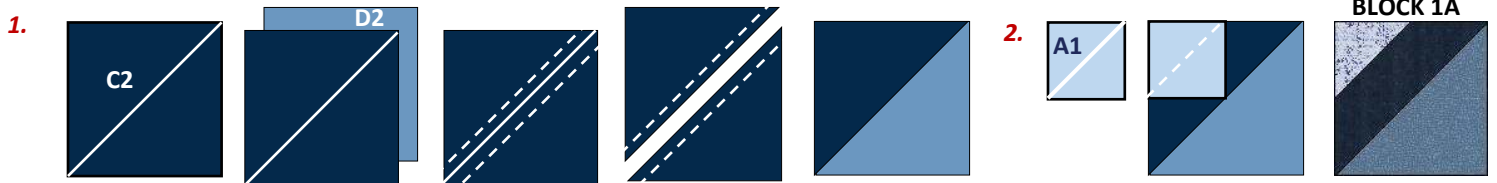


# At the Cross

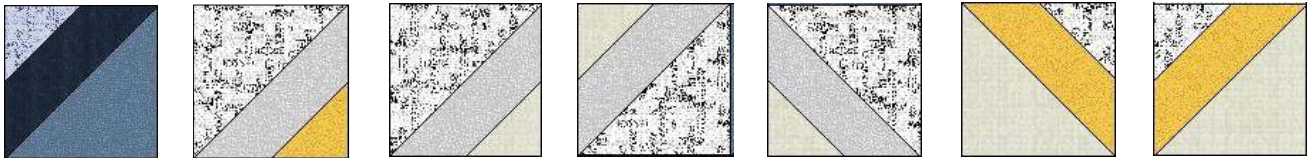
Piecing Instructions: (Refer to images, pay careful attention to rotation/orientation of directional fabrics A, B and H)

## Block 1A - 1G:

1. Draw a diagonal line on wrong side of (1) C2 square and place right sides together with (1) D2 square. Sew 1/4" on both sides of drawn line, then cut on drawn line. Press HST units open, square to 10-1/2".
2. Draw a diagonal line on wrong side of (1) A1 square and place right sides together with on the C corner. Sew on the drawn line, then press. Trim excess fabric on reverse side to 1/4". Square to 10-1/2", make (1) BLOCK 1A.
3. Repeat steps 1 and 2 using chart below to complete remainder of BLOCK 1s. *Note: you will have (1) CD HST unit, (3) BE units and (1) BC HST unit left over for another project.*



	BLOCK 1A (1)	BLOCK 1B (1)	BLOCK 1C (1)	BLOCK 1D (1)	BLOCK 1E (1)	BLOCK 1F (2)	BLOCK 1G (2)
HST Unit	C2-D2	B2-E2	B2-E2	B2-E2	B2-E2	F2 - G2	F2 - G2
Corner Unit	A1 to C	F1 to E	G1 to E	G1 to E	G1 to E	B1 to F	B1 to F



	BLOCK 1H (1)	BLOCK 1J (1)	BLOCK 1K (1)	BLOCK 1L (1)	BLOCK 1M (1)
HST Unit	F2 - G2	F2 - G2	D2 - E2	DE - E2	B2 - C2
Corner Unit	B1 to F	B1 to F	F1 to E	G1 to E	A1 to C



## Block 2A - 2M:

4. Draw a diagonal line on wrong side of (8) A1, (3) B1, (8) C1, (5) D1, (2) F1 and (3) G1 squares.
5. Place (1) A1 square on right sides together on the left side of (1) C3 rectangle. Sew on drawn line, then press open. Trim excess fabric on reverse side to 1/4". Repeat on right side with another A1 square. Square to 5-1/2" X 10-1/2", make (2) BLOCK 2A.
6. Repeat steps 4 and 5 using chart on page 3 to complete remainder of BLOCK 2s. *Note: Pay close attention to direction of diagonal line (indicated by line on the chart) to make each block. On Blocks 2A, 2B, 2E, and 2J note the vertical orientation shown. It may be easier to assure the proper rotation of the directional fabrics if constructed this way.*



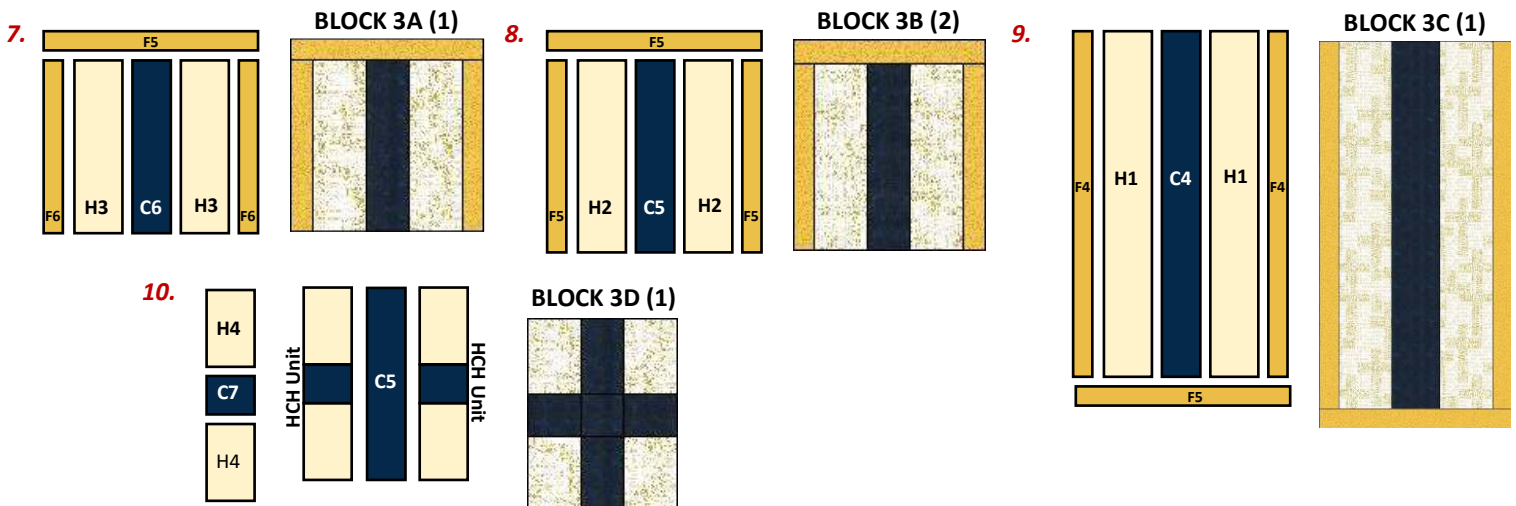


# At the Cross

	BLOCK 2A ( 1 each)	BLOCK 2B (1 each)	BLOCK 2C (3)	BLOCK 2D (3)	BLOCK 2E (1)	BLOCK 2F (1)
Center	C3	C3	D3	D3	D3	D3
Left Side/Top	A1 / A1 \	A1 \ A1 /	C1 /	X	C1 \	C1 \
Right Side/Bottom	A1 / A1 \	A1 \ A1 /	X	C1 \	B1 \	B1 \
	BLOCK 2G (1)	BLOCK 2H (1)	BLOCK 2J (1)	BLOCK 2K (1)	BLOCK 2L (1)	BLOCK 2M (1)
Center	E3	E3	E3	E3	E3	G3
Left Side/Top	G1 \	G1 /	B1 /	D1 \	D1 \	X
Right Side/Bottom	D1 \	D1 /	G1 /	F1 \	D1 \	F1 /

### Block 3A - 3D:

- Sew (1) H3 to each side of (1) C6, then sew (1) F6 to each side. Sew (1) F5 to top to complete **BLOCK 3A**, square to 10-1/2".
- Sew (1) H2 to each side of (1) C5, then sew (1) F5 to each side. Sew (1) F5 to top to complete **BLOCK 3B**. Make (2), square to 10-1/2" X 11-1/2"
- Sew (1) H1 to each side of (1) C4, then sew (1) F4 to each side. Sew (1) F5 to bottom to complete **BLOCK 3C**, square to 10-1/2" X 20-1/2".
- Sew (1) H4 to each end of (1) C7, make (2) HCH Units. Sew (1) HCH Unit to each side of (1) C5 to complete **BLOCK 3D**, square to 8-1/2" X 10-1/2".





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**Assembly Instructions:** (Refer to quilt diagram for proper placement and rotation)

**Quilt Assembly:**

11. Sew blocks together into rows, then sew rows together.

Row 1: A1 Square - Block 2A - Block 2C - Block 2G - Block 2D - A1 square

Row 2: Block 2B - Block 1A - Block 1B - Block 1F - Block 1E - Block 2C

Row 3: Block 2D - Block 1C - Block 1G - Block 3A - Block 1F - Block 2J

Row 4: Block 2J - Block 1G - Block 3B - Block 3D - Block 3B - Block 2M

Row 5: Sew together Block 2E, 1K and 1H, then sew together Blocks 2A, 1M and 1L. Sew these 2 sub-rows together, then sew to the left side of Block 3C. Sew together Blocks 1J and 2K, then sew together Block 1D and 2D. Sew these 2 sub-rows together, then sew to the right side of Block 3C to complete Row 5.

Row 6: A1 Square - Block 2B - Block 2F - Block 2L - Block 2C - A1 square

**Border Assembly:**

**Border 1:**

12. Measure sides of quilt (ours is 60-1/2"), cut (2) F 1-1/2" strips to fit, then sew to sides of quilt. Measure top and bottom (ours is 52-1/2"), cut (2) F 1-1/2" strips to fit, then sew to top and bottom of quilt.

**Border 2:**

13. Measure sides of quilt (ours is 62-1/2"), cut (2) C 3" strips to fit, then sew to sides of quilt. Measure top and bottom (ours is 57-1/2"), cut (2) C 3" strips to fit, then sew to top and bottom of quilt.

**Finishing:**

Backing and batting should be 8" larger than finished quilt top. Layer your backing, batting and quilt top, then quilt as desired. Bind using your preferred method ... and enjoy!



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SIZE: 57" X 67"

QUILT DIAGRAM

